CONTRA COSTA BEHAVIORAL HEALTH
A Division of Contra Costa Health Services

Child and Adolescent Needs and Strengths (CANS)

NAME / MRN

Assessment Date:	DOB:	Gender:	Ethnicity:
Provider ID:	Fac/Prog:		
Form Status: ○ Initial ○ Subsequent ○ Annual ○ Discharge			

AGES 6-20

BEHAVIORAL/EMOTIONAL NEEDS

0=no evidence 1=history or suspicion; monitor
2=interferes with functioning; 3=disabling, dangerous; immediate
  action needed   or intensive action needed

	0	1	2	3
1. Psychosis (Thought Disorder)	☐	☐	☐	☐
2. Impulsivity/Hyperactivity	☐	☐	☐	☐
3. Depression	☐	☐	☐	☐
4. Anxiety	☐	☐	☐	☐
5. Oppositional	☐	☐	☐	☐
6. Conduct	☐	☐	☐	☐
7. Anger Control	☐	☐	☐	☐
8. Eating Disturbance	☐	☐	☐	☐
9. Substance Use[A]	☐	☐	☐	☐
10. Adjustment to Trauma[B]	☐	☐	☐	☐

LIFE FUNCTIONING

0=no evidence 1=history or suspicion; monitor
2=interferes with functioning; 3=disabling, dangerous; immediate
  action needed   or intensive action needed

	0	1	2	3
11. Family Functioning	☐	☐	☐	☐
12. Living Situation	☐	☐	☐	☐
13. Social Functioning	☐	☐	☐	☐
14. Developmental/Intellectual[C]	☐	☐	☐	☐
15. Decision-Making	☐	☐	☐	☐
16. School Behavior[D]	☐	☐	☐	☐
17. School Achievement[D]	☐	☐	☐	☐
18. School Attendance[D]	☐	☐	☐	☐
19. Medical/Physical	☐	☐	☐	☐
20. Sexual Development	☐	☐	☐	☐
21. Sleep	☐	☐	☐	☐

RISK BEHAVIORS

0=no evidence 1=history or suspicion; monitor
2=interferes with functioning; 3=disabling, dangerous; immediate
  action needed   or intensive action needed

	0	1	2	3
22. Suicide Risk/Danger to Self	☐	☐	☐	☐
23. Non-Suicidal Self-Injurious Behavior	☐	☐	☐	☐
24. Other Self-Harm (Recklessness)	☐	☐	☐	☐
25. Danger to Others[E]	☐	☐	☐	☐
26. Sexual Aggression	☐	☐	☐	☐
27. Delinquent Behavior[F]	☐	☐	☐	☐
28. Runaway	☐	☐	☐	☐
29. Intentional Misbehavior	☐	☐	☐	☐
30. Fire Setting	☐	☐	☐	☐

CULTURAL FACTORS

0=no evidence 1=history or suspicion; monitor
2=interferes with functioning; 3=disabling, dangerous; immediate
  action needed   or intensive action needed

	0	1	2	3
31. Language	☐	☐	☐	☐
32. Traditions and Rituals	☐	☐	☐	☐
33. Cultural Stress	☐	☐	☐	☐

STRENGTHS DOMAIN

0=Centerpiece strength 1=Useful strength
2=Identified strength   3=No evidence

	0	1	2	3
34. Family Strengths	☐	☐	☐	☐
35. Interpersonal/Social Connectedness	☐	☐	☐	☐
36. Educational Setting	☐	☐	☐	☐
37. Talents/Interests	☐	☐	☐	☐
38. Spiritual/Religious	☐	☐	☐	☐
39. Cultural Identity	☐	☐	☐	☐
40. Community Life	☐	☐	☐	☐
41. Natural Supports	☐	☐	☐	☐
42. Resiliency	☐	☐	☐	☐

CAREGIVER RESOURCES AND NEEDS*

A. Caregiver Name:

0=no evidence 1=history or suspicion; monitor
2=interferes with functioning; 3=disabling, dangerous; immediate
  action needed   or intensive action needed

	0	1	2	3
43. Supervision	☐	☐	☐	☐
44. Involvement with Care	☐	☐	☐	☐
45. Knowledge	☐	☐	☐	☐
46. Social Resources	☐	☐	☐	☐
47. Residential Stability	☐	☐	☐	☐
48. Medical/Physical	☐	☐	☐	☐
49. Mental Health	☐	☐	☐	☐
50. Substance Use	☐	☐	☐	☐
51. Developmental	☐	☐	☐	☐
52. Safety	☐	☐	☐	☐

☐ *Youth has no known caregiver. Skip Caregiver Resources and Needs Domain.

Ratings of 1, 2, or 3 on key core questions [A, B, C, D, E, F] require scoring of corresponding modules on pages 3-4.

NAME / MRN

ALL AGES

POTENTIALLY TRAUMATIC/ADVERSE CHILDHOOD EXPERIENCES

No=no evidence	Yes=Evidence of Trauma	No	Yes
T1. Sexual Abuse[G]		☐	☐
T2. Physical Abuse		☐	☐
T3. Emotional Abuse		☐	☐
T4. Neglect		☐	☐
T5. Medical Trauma		☐	☐
T6. Witness to Family Violence		☐	☐
T7. Witness to Community/School Violence		☐	☐

No=no evidence	Yes=Evidence of Trauma	No	Yes
T8. Natural or Manmade Disaster		☐	☐
T9. War/Terrorism Affected		☐	☐
T10. Victim/Witness to Criminal Activity		☐	☐
T11. Disrupt. in Caregiving/Attachment Losses		☐	☐
T12. Parental Criminal Behavior		☐	☐
T13. Sexual Exploitation[H]		☐	☐

AGES 0-5 (EARLY CHILDHOOD MODULE)

BEHAVIORAL/EMOTIONAL NEEDS

0=no evidence 1=history or suspicion; monitor
2=interferes with functioning; 3=disabling, dangerous; immediate or
action needed intensive action needed

	0	1	2	3
EC1. Impulsivity/Hyperactivity	☐	☐	☐	☐
EC2. Depression	☐	☐	☐	☐
EC3. Anxiety	☐	☐	☐	☐
EC4. Oppositional	☐	☐	☐	☐
EC5. Attachment Difficulties	☐	☐	☐	☐
EC6. Adjustment to Trauma	☐	☐	☐	☐
EC7. Regulatory	☐	☐	☐	☐
EC8. Atypical Behaviors	☐	☐	☐	☐

LIFE FUNCTIONING

0=no evidence 1=history or suspicion; monitor
2=interferes with functioning 3=disabling, dangerous; immediate or
action needed intensive action needed

	0	1	2	3
EC9. Sleep	☐	☐	☐	☐
EC10. Family Functioning	☐	☐	☐	☐
EC11. Early Education	☐	☐	☐	☐
EC12. Social Functioning	☐	☐	☐	☐
EC13. Developmental/Intellectual	☐	☐	☐	☐
EC14. Medical/Physical	☐	☐	☐	☐

RISK BEHAVIORS

0=no evidence 1=history or suspicion; monitor
2=interferes with functioning; 3=disabling, dangerous; immediate or
action needed intensive action needed

	0	1	2	3
EC15. Self-Harm	☐	☐	☐	☐
EC16. Exploited	☐	☐	☐	☐
EC17. Prenatal Care	☐	☐	☐	☐
EC18. Exposure	☐	☐	☐	☐
EC19. Labor and Delivery	☐	☐	☐	☐
EC20. Birth Weight	☐	☐	☐	☐
EC21. Failure to Thrive	☐	☐	☐	☐

CULTURAL FACTORS

0=no evidence 1=history or suspicion; monitor
2=interferes with functioning; 3=disabling, dangerous; immediate or
action needed intensive action needed

	0	1	3	4
EC22. Language	☐	☐	☐	☐
EC23. Traditions and Rituals	☐	☐	☐	☐
EC24. Cultural Stress	☐	☐	☐	☐

STRENGTHS

0=Centerpiece strength 1=Useful strength
2=Identified strength 3=No evidence

	0	1	2	3
EC25. Family Strengths	☐	☐	☐	☐
EC26. Interpersonal/Social Connectedness	☐	☐	☐	☐
EC27. Natural Supports	☐	☐	☐	☐
EC28. Resiliency	☐	☐	☐	☐
EC29. Relationship Permanence	☐	☐	☐	☐
EC30. Playfulness	☐	☐	☐	☐
EC31. Family Spiritual/Religious	☐	☐	☐	☐

DYADIC CONSIDERATIONS

0=no evidence 1=history or suspicion; monitor
2=interferes with functioning; 3=disabling, dangerous; immediate
action needed or intensive action needed

	0	1	2	3
EC32. Emotional Resp. of Caregiver	☐	☐	☐	☐
EC33. Caregiver Adj to Trauma Exp.	☐	☐	☐	☐

CAREGIVER RESOURCES AND NEEDS

A. Caregiver Name: _____

0=no evidence 1=history or suspicion; monitor
2=interferes with functioning; 3=disabling, dangerous; immediate
action needed or intensive action needed

	0	1	2	3
EC34. Supervision	☐	☐	☐	☐
EC35. Involvement with Care	☐	☐	☐	☐
EC36. Knowledge	☐	☐	☐	☐
EC37. Social Resources	☐	☐	☐	☐
EC38. Residential Stability	☐	☐	☐	☐
EC39. Medical/Physical	☐	☐	☐	☐
EC40. Mental Health	☐	☐	☐	☐
EC41. Substance Use	☐	☐	☐	☐
EC42. Developmental	☐	☐	☐	☐
EC43. Safety	☐	☐	☐	☐
EC44. Family Rel. to the System	☐	☐	☐	☐
EC45. Legal Involvement	☐	☐	☐	☐
EC46. Organization	☐	☐	☐	☐

AGES 18-20 (TRANSITION AGE YOUTH MODULE)

STRENGTHS

0=Centerpiece strength	1=Useful strength
2=Identified strength	3=No evidence

	0	1	2	3
TAY1. Involvement in Recovery	☐	☐	☐	☐
TAY2. Job History/Volunteering	☐	☐	☐	☐

BEHAVIORAL/EMOTIONAL NEEDS

0=no evidence	1=history or suspicion; monitor
2=interferes with functioning; action needed	3=disabling, dangerous; immediate or intensive action needed

	0	1	2	3
TAY3. Interpersonal Problems	☐	☐	☐	☐

LIFE FUNCTIONING

0=no evidence	1=history or suspicion; monitor
2=interferes with functioning; action needed	3=disabling, dangerous; immediate or intensive action needed

	0	1	2	3
TAY4. Transportation	☐	☐	☐	☐
TAY5. Residential Stability	☐	☐	☐	☐
TAY6. Parental/Caregiving Roles	☐	☐	☐	☐
TAY7. Self-Care	☐	☐	☐	☐

0=no evidence	1=history or suspicion; monitor
2=interferes with functioning; action needed	3=disabling, dangerous; immediate or intensive action needed

	0	1	2	3
TAY 8. Medication Compliance	☐	☐	☐	☐
TAY 9. Intimate Relationships	☐	☐	☐	☐
TAY10. Independent Living Skills	☐	☐	☐	☐

INDIVIDUAL ASSESSMENT MODULES A – Substance Use B – Trauma C – Developmental Disabilities D – School E – Violence
(rate if indicated on pages 1-2) F – Juvenile Justice G – Sexual Abuse H – Commercially Sexually Exploited Children

A – SUBSTANCE USE MODULE

0=no evidence	1=history or suspicion; monitor
2=interferes with functioning; action needed	3=disabling, dangerous; immediate or intensive action needed

	0	1	2	3
SUD1. Severity of Use	☐	☐	☐	☐
SUD2. Duration of Use	☐	☐	☐	☐
SUD3. Stage of Recovery	☐	☐	☐	☐
SUD4. Peer Influences	☐	☐	☐	☐
SUD5. Parental Influences	☐	☐	☐	☐
SUD6. Environmental Influences	☐	☐	☐	☐

B – TRAUMA MODULE

0=no evidence	1=history or suspicion; monitor
2=interferes with functioning; action needed	3=disabling, dangerous; immediate or intensive action needed

	0	1	2	3
T-SS1. Emotional/Physical Dysregulation	☐	☐	☐	☐
T-SS2. Intrusions/Re-experiencing	☐	☐	☐	☐
T-SS3. Hyperarousal	☐	☐	☐	☐
T-SS4. Traumatic Grief/Separation	☐	☐	☐	☐
T-SS5. Numbing	☐	☐	☐	☐
T-SS6. Dissociation	☐	☐	☐	☐
T-SS7. Avoidance	☐	☐	☐	☐

C – DEVELOPMENTAL DISABILITIES MODULE

0=no evidence	1=history or suspicion; monitor
2=interferes with functioning ; action needed	3=disabling, dangerous; immediate or intensive action needed

	0	1	2	3
DN1. Cognitive	☐	☐	☐	☐
DN2. Communication	☐	☐	☐	☐
DN3. Developmental	☐	☐	☐	☐
DN4. Self-Care/Daily Living Skills	☐	☐	☐	☐

D – SCHOOL MODULE

0=no evidence	1=history or suspicion; monitor
2=interferes with functioning; action needed	3=disabling, dangerous; immediate or intensive action needed

	0	1	2	3
SCH1. Attention-Concentration in School	☐	☐	☐	☐
SCH2. Sensory Integration Diffic. in School	☐	☐	☐	☐
SCH3. Affect Dysregulation in School	☐	☐	☐	☐
SCH4. Anxiety in School	☐	☐	☐	☐

E – VIOLENCE MODULE

0=no evidence	1=history or suspicion; monitor
2=interferes with functioning; action needed	3=disabling, dangerous; immediate or intensive action needed

	0	1	2	3
Historical Risk Factors:				
VM1. History of Violence	☐	☐	☐	☐
Emotional/Behavioral Risks:				
VM2. Bullying	☐	☐	☐	☐
VM3. Frustration Management	☐	☐	☐	☐
VM4. Hostility	☐	☐	☐	☐
VM5. Paranoid Thinking	☐	☐	☐	☐
VM6. Secondary Gains from Anger	☐	☐	☐	☐
VM7. Violent Thinking	☐	☐	☐	☐
Resiliency Factors:				
VM8. Awareness of Violence Potential	☐	☐	☐	☐
VM9. Response to Consequences	☐	☐	☐	☐
VM10. Commitment to Self-Control	☐	☐	☐	☐
VM11. Treatment Involvement	☐	☐	☐	☐

F – JUVENILE JUSTICE MODULE

0=no evidence
1=history or suspicion; monitor
2=interferes with functioning; action needed
3=disabling, dangerous; immediate or intensive action needed

	0	1	2	3
JJ1. History	☐	☐	☐	☐
JJ2. Seriousness	☐	☐	☐	☐
JJ3. Planning	☐	☐	☐	☐
JJ4. Community Safety	☐	☐	☐	☐
JJ5. Peer Influences	☐	☐	☐	☐
JJ6. Parental Criminal Behavior	☐	☐	☐	☐
JJ7. Environmental Influences	☐	☐	☐	☐

G – SEXUAL ABUSE MODULE

0=no evidence
1=history or suspicion; monitor
2=interferes with functioning ; action needed
3=disabling, dangerous; immediate or intensive action needed

	0	1	2	3
T-SA1. Emotional Closeness to Perpetrator	☐	☐	☐	☐
T-SA2. Frequency of Abuse	☐	☐	☐	☐
T-SA3. Duration	☐	☐	☐	☐
T-SA4. Force	☐	☐	☐	☐
T-SA5. Reaction to Disclosure	☐	☐	☐	☐

H – COMMERCIALLY SEXUALLY EXPLOITED CHILDREN (CSEC) MODULE (for age 10+)

0=no evidence
1=history or suspicion; monitor
2=interferes with functioning; action needed
3=disabling, dangerous; immediate or intensive action needed

	0	1	2	3
CS1. Duration of Exploitation	☐	☐	☐	☐
CS2. Perception of Dangerousness	☐	☐	☐	☐
CS3. Knowledge of Exploitation	☐	☐	☐	☐
CS4. Trauma Bonding/Stockholm Syndrome	☐	☐	☐	☐
CS5. Exploitation of Others	☐	☐	☐	☐
CS6. Unprotected Intercourse	☐	☐	☐	☐
CS7. Arrests for Loitering/Solicitation	☐	☐	☐	☐
CS8. Other Arrests	☐	☐	☐	☐
CS9. Sexually Transmitted Diseases	☐	☐	☐	☐
CS10. Pregnancies	☐	☐	☐	☐
CS11. Abortions	☐	☐	☐	☐
CS12. Attitude Toward Education	☐	☐	☐	☐
CS13. Prior School Success	☐	☐	☐	☐

Notes on Caregiver

Comments

Staff Signature/License   Printed Name   Date