


**Effecting Change through the Use of Motivational Interviewing:  
Interactive Training for Skill Development**

**Sponsored by:**

California Department of Health Care Services (DHCS), UCLA Integrated Substance Abuse Programs,  
Pacific Southwest Addiction Technology Transfer Center & Contra Costa Health Services



<b>Date and Time:</b>	<b>Tuesday, June 4, 2019, 9:00 am– 4:30 pm</b> Sign-in will begin at 8:30 am and the training will begin promptly at 9:00 am.
<b>Location:</b>	<b>IBEW Union Hall</b> 1875 Arnold Drive Martinez CA 94553 <b>You may park in unmarked spaces in the lot or overflow parking is available in the church lot on Hiller Lane</b>
<b>Speaker:</b>	Albert Hasson, MSW, UCLA Integrated Substance Abuse Programs
<b>Who Should Attend:</b>	This six-hour training is <b>free</b> and is open to staff who are interested in providing Motivational Interviewing, including: <ul style="list-style-type: none"> <li>• Psychologists</li> <li>• LMFTs and LCSWs</li> <li>• Registered Nurses</li> <li>• Certified Substance Use Disorder Treatment Counselors</li> <li>• Other Behavioral Health Specialists/Clinicians</li> </ul>
<b>Training Description:</b>	Motivational interviewing, a treatment approach developed by William Miller, has been well established as an effective way to promote behavior change in individuals. Following a brief review of the fundamental MI principles and micro-skills, this experiential MI Skill Development training will focus on helping clients to engage in change talk, and then make commitments to make behavioral changes based on goals that they have identified. Ample time will be devoted to role play practice to enable participants to gain skills necessary to elicit change talk from clients with low levels of readiness for change, thereby increasing levels of motivation and moving them toward action to address their substance use issues.
<b>Educational Objectives:</b>	At the end of the daylong training, participants will be able to: <ol style="list-style-type: none"> <li>1. Describe at least two components of the Spirit of Motivational Interviewing and why each is important to the effective application of Motivational Interviewing.</li> <li>2. Compare the effectiveness of Motivational Interviewing to traditional medical approaches to counseling clients/patients with substance use problems.</li> <li>3. Define at least three (3) key principles of Motivational Interviewing that can be utilized in conversations with clients and patients.</li> </ol>

	<ol style="list-style-type: none"> <li>4. Describe the importance of active listening before prematurely problem-solving solutions for the client/patient.</li> <li>5. Describe and demonstrate, through real plays and group discussions, the effective delivery of at least three MI micro-skills that be used to help clients/patients increase motivation for substance use related changes.</li> <li>6. Explain how to apply Motivational Interviewing techniques in typical circumstances encountered in behavioral health treatment settings.</li> </ol>
<p><b>Continuing Education:</b></p>	<div style="display: flex; align-items: flex-start;">  <div> <p>The training course meets the qualifications for the provision of six (6) continuing education credits/contact hours (CEs/CEHs). UCLA Integrated Substance Abuse Programs (ISAP) is approved by the American Psychological Association to sponsor continuing education for psychologists. UCLA ISAP maintains responsibility for this program and its content. UCLA ISAP is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs, and/or LEPs (Provider #64812). UCLA ISAP maintains responsibility for this program/course and its content. Course meets the qualifications for six (6) hours of continuing education credits for LMFTs, LCSWs, LPCCS, and LEPs as required by the California Board of Behavioral Sciences. UCLA ISAP is also an approved provider of continuing education for RADTs I/II, CADCs-CASs, CADCs I/II, CADCs-CSs, and LAADCs (CCAPP, #2N-00-445-1119), CATCs (ACCBC/CAADE, #CP 20 872 C 0819), and CAODCs (CADTP, #151). Provider approved by the California Board of Registered Nursing, Provider #15455, for 6 contact hours. CE credit will be awarded at the conclusion of the training. Partial credit will not be available for those participants who arrive late or leave early.</p> <p><b>Instructions for Filing a Grievance Concerning UCLA ISAP's Continuing Education Program:</b> Please contact Dr. Thomas E. Freese, CE Program Administrator, in writing (UCLA ISAP, 11075 Santa Monica Boulevard, Suite 200, Los Angeles, CA 90025) or by phone (310-267-5397).</p> </div> </div>

*Funding for this training session was made possible by DHCS contract number #17-94259 (California Substance Use Disorder Training and Technical Assistance IA) from the California Department of Health Care Services. The planners and faculty disclose no relevant financial relationships with commercial interests. This program had no commercial support.*

**Pre-registration is required. Register at:**

<https://www.surveymonkey.com/r/5ZVZQFH>

**Please RSVP no later than May 28, 2019.**



*If you need a disability-related reasonable accommodation/alternative format for this event, please contact Brandy Oeser at (310) 267-5331, [boeser@mednet.ucla.edu](mailto:boeser@mednet.ucla.edu) by May 28, 2019.*

**Cancellation Policy:** Notice of cancellation must be made at least 72 hours in advance of the training by contacting Victoria Norith by phone (310-267-5408) or email ([vnorith@mednet.ucla.edu](mailto:vnorith@mednet.ucla.edu)).

*Registrations will be accepted on a first-come, first-served basis. This training can accommodate 50 people. You will be notified if space has been reserved for you upon receipt of your online registration.*