

# RECOVERY RESIDENCES 101



## Contra Costa County Alcohol and Other Drugs Services Drug Medi-Cal Organized Delivery System (DMC-ODS)

Recovery Residences are safe, clean, sober living environments for individuals who have completed or are enrolled in Substance Use Disorder (SUD) treatment and are committed to sobriety.

Also known as Sober Living Environments (SLEs), Recovery Residences promote recovery through positive peer group interactions among house members and staff, as house members develop their individual recovery plans and become self-supporting.

### Recovery Residence Scholarship Eligibility

Eligible applicants may receive scholarships for as much as \$5,400 annually to defray the cost of Recovery Residence rent through the Substance Abuse Block Grant (SABG) program. Actual payment varies according to the cost of rent.

### Applicants must:

- Meet medical necessity for 1.0 Outpatient Services and 2.1 Intensive Outpatient Services
- Be enrolled in a Drug Medi-Cal certified program and receiving substance use treatment at a Contra Costa DMC-ODS program while living at a Recovery Residence

### Requirements

Scholarship beneficiaries must participate in Outpatient treatment, maintain full-time employment (40 hours per week) and cover 30% of their rent. Treatment enrollment and participation as well as income must be verified by the Recovery Residence staff.

Beneficiaries are expected to be working or actively searching for work within two months of placement at a Recovery Residence, to be verified by their Outpatient programs.

### Recovery Residence requirements

- 🏠 There should not be treatment groups at Recovery Residences
- 🏠 Comply with Recovery Residence Guidelines
- 🏠 Support residents and facilitate access to Recovery Support Services at the first sign of relapse
- 🏠 For each resident:
  - Maintain a relapse plan and contact information for their recovery support specialist
  - Maintain a resident file for each SABG scholarship beneficiary including signed rental agreement, confirmation of income, signed list of house rules and documentation of weekly attendance in any approved level of care

## Benefits

Period	County	Resident
<b>Basic Outpatient Treatment</b>		
Months 1 through 2	County pays 100% up to \$600 monthly	Resident pays 0%
Months 3 and 4	County pays 70%	Resident pays 30%
Month 5 and 7	County pays 50%	Resident pays 50%
Month 8 and Up	County may pay up to 30%, authorized on a case-by-case basis	
<b>Intensive Outpatient Treatment</b>		
Months 1 through 3	County pays 100%	Resident pays 0%
Months 4 and 6	County pays 70%	Resident pays 30%
Month 7 and Up	County may pay up to 30%, authorized on a case-by-case basis	

## Expected outcomes

At 90 days in regular outpatient treatment, at least 75% of scholarship beneficiaries will:

- 🏠 Be employed and contributing to their rent, or volunteering if unable to work
- 🏠 Maintain sobriety
- 🏠 Be engaged in recovery-oriented activities
- 🏠 Have a sponsor/ support system
- 🏠 Exhibit no criminal activity
- 🏠 Engage with all needed health services, including proper use of all medications as prescribed

## Available Providers

### Support4Recovery

Support4Recovery (S4R) is a nonprofit organization of people with personal experience who are in recovery. S4R maintains contact with a network of sober living environments and provides information about them to substance use disorder (SUD) treatment programs, collects applications and interviews SABG beneficiaries for placement suitability. Online forms available at [support4recovery.org](http://support4recovery.org)

### Oxford House

Oxford House Inc. is a national nonprofit that supports networks of autonomous recovery residences around the country, organized by chapters. There are several Oxford Houses in Contra Costa County, supported through a contract with the Alcohol & Other Drugs Services program for trained outreach workers, who establish new houses and provide ongoing organizational and technical support for existing houses.

### Quality Assurance

AODS will monitor each Recovery Residence on annual basis to ensure compliance with minim SABG requirements and Recovery Residence Guidelines.