

**CCC ALCOHOL AND OTHER DRUGS ADVISORY BOARD MEETING
MINUTES**

Wednesday, February 23, 2022

Due to health order this meeting was conducted via ZOOM

- Members Present:** Antwon Cloird, Guita Bahramipour, Dylan Johnston, Logan Campbell, Victor Ortiz, Talia Moore E.D.D, Rhiannon Shires Psy.D, Robert Frey
- Members Absent:** Jonathan Ciampi (E), Candace Cowing (E) Evelyn Howard (R)
- Staff Present:** Fatima Matal Sol, AODS Program Chief; Patricia Rogers, Program Manager
- Other Attendees:** Chris Wikler District IV Representative; Jill Ray District II Representative; Toni Brock. Brock House; James Garrett, Treatment in Jails Counselor; Phillip Dorigatti, Treatment in Jails Counselor; Lacreena Williams, Treatment in Jails Counselor; Nikki Rose-Francisco Shelter Inc

TOPIC	ISSUE/CONCLUSION	ACTION/ RECOMMENDATION
<u>I. CALL TO ORDER</u>	The meeting was called to order	DR. TALIA MOORE CALLED THE MEETING TO ORDER AT 4:00PM
<u>II. REVIEW AND ADOPT THE AGENDA</u>	Dr. Moore opened the floor to adopt the February 23, 2022, agenda as presented.	<p>LOGAN CAMPBELL MMS BY JONATHAN CIAMPI TO ADOPT THE AGENDA. MOTION APPROVED.</p> <p>AYES: Antwon Cloird, Guita Bahramipour, Dylan Johnston, Logan Campbell, Victor Ortiz, Talia Moore E.D.D, Rhiannon Shires Psy.D, Robert Frey</p> <p>NOES: None</p> <p>ABSENT: Jonathan Ciampi (E), Candace Cowing (U), Evelyn Howard (R)</p> <p>ABSTAIN: None</p>
<u>III. REVIEW AND APPROVAL OF DRAFT MINUTES OF JANUARY 22, 2022. ANNUAL RETREAT MINUTES</u>	Dr. Moore opened the floor to approve the January 22, 2022, Draft Annual Retreat Minutes.	<p>VICTOR ORTIZ MMS BY ANTWON CLOIRD TO APPROVE THE ANNUAL RETREAT MINUTES AS PRESENTED. MOTION APPROVED.</p> <p>AYES: Antwon Cloird, Guita Bahramipour, Dylan Johnston, Logan Campbell, Victor Ortiz, Talia Moore E.D.D, Rhiannon Shires Psy.D, Robert Frey</p> <p>NOES: None</p> <p>ABSENT: Jonathan Ciampi (E), Candace Cowing (U), Evelyn Howard (R)</p> <p>ABSTAIN: None</p>
<u>IV. PUBLIC COMMENT</u>	There were no Public Comments.	
The public and Board members may comment on any agenda item of public interest within the jurisdiction of the Alcohol and Other Drugs Advisory Board. (Maximum three minutes per speaker.)		

V. Length of Stay in Residential Treatment Programs.

Toni Brock presented her concerns to the Board pertaining the current length of stay in Residential Treatment facilities. Ms. Brock explained that she owns a Sober Living Environment (SLE) called The Brock House which offers safe housing to individuals who have completed treatment and that they have a high rate of success as reflected in the long-term sobriety of their residents. She shared her personal experience and wanted to encourage the Board to increase the length the stay in residential treatment for men and women while emphasizing that the current standard of 30 days for stay in a residential treatment is not working because is not enough time to provide effective treatment. She expressed concern that facilities are overpopulated and not being managed effectively. Ms. Brock thanked the Board for listening.

DR. MOORE THANKED MS. BROCK FOR PRESENTING TO THE BOARD AND SHARING HER STORY AND CONCERNS.

Dr. Moore asked Fatima to clarify information pertaining to length of stay. Fatima stated that the county follows Medi-Cal regulations and that there are no mandates for a 30-day limit in residential treatment. Both admission and length of stay are contingent to medical necessity which is determined by a licensed professional and a counselor. In addition, all programs have a medical director who can also change the course of treatment of the client by increasing or decreasing the dosage. She added that in the early days when the county opted into the Drug Medi-Cal Organized Delivery System (DMC-ODS) there was some confusion about matching severity to levels of care, but this is no longer the case. In addition, the DMC-ODS has higher oversight requirements for service integrity, utilization of levels of care, timelines of access and quality. Antwon commented that he was always against 30-day stays as he knew this would be a revolving door, treatment is not recovery, and added that recovery starts after you leave treatment. Antwon commented that the goal is something that cannot be changed by the board.

VI. The Impact of COVID Trauma – Dr. Rhiannon Shires,

Dr. Shires presented information about the effects the COVID pandemic had on coping and substance use. She stated that the pandemic caused a mass experience of trauma in society due to isolation. She added that COVID Fatigue has led to unprecedented mental health issues. This is important due to the high occurrence of mental health issues leading to substance abuse. She stated that people are looking for ways to numb the pain they experience in everyday life, and substance use as a coping mechanism has been enhanced by the trauma of the COVID Pandemic over the past 2 years. She expressed concern that this is being accepted as the new normal. Dr. Shires called on the Board to not accept this new normal and act by participating in more community outreach to provide education and raise awareness about substance abuse and available resources.

FATIMA AGREED WITH DR. SHIRES AND ADDED THAT AODS NEEDS TO RESUME COMMUNITY OUTREACH TO REBUILD EFFORTS THAT WERE HALTED DUE TO COVID.

VII. AOD Staff Report – Fatima Matal Sol

Fatima stated that all providers are moving towards delivering services in person. During the Delta and Omicron variant surges there was a drop in Access Line

calls but call volume is starting to increase and AODS continues to monitor changes. The CenterPoint closure left a void in services in the Concord and Richmond area. The county released a Request for Proposal (RFP) but did not receive any applications. Fatima did outreach and identified a provider to replace CenterPoint, however the new agency must find a location. Antwon expressed concern for need of a youth facility with capacity for more youth clients to prevent substance use. Fatima stated that prevention services are primarily school based and focus on providing education and raising awareness. Fatima concluded her report by introducing James Garrett who is one of 3 new counselors that will be providing services in the Richmond Jail, services are expected to start in 2 months.

FATIMA SAID THE PUI HOTEL WILL CEASE OPERATIONS AT THE END OF MARCH. ISOLATION WILL LIKELY TAKE PLACE WHILE THE CLIENT IS IN TREATMENT. WITH ADVICE FROM PUBLIC HEALTH, ALL RESIDENTIAL FACILITIES WILL HAVE SAFETY PROTOCOL IN PLACE IN THE EVENT OF COVID INFECTIONS.

Nikki provided an update on the transition from Support4Recovery (S4R) to Shelter Inc. She stated that they currently have 30 active clients and that by the end of March, Shelter Inc will be at the same level as S4R was.

SHE INDICATED THAT THE TRANSITION IS NOW STABLE AND HAS INCLUDED OPEN COMMUNICATION AND SUPPORT

VIII. COMMITTEE HIGHLIGHTS

Executive Committee

Dr. Talia Moore, Chair

Dr. Moore shared that Executive Committee discussed issues that were acknowledged at the Annual Retreat and will be focusing on improving community outreach. She added that they will be looking to committees to spearhead community outreach events and activities.

DR. MOORE INDICATED THAT SHE WOULD LIKE TO ADD COMMUNITY REPORTS TO THE AGENDA

Community Awareness

Dylan Johnston, Chair

Dylan stated that there was no Community Awareness meeting this month.

Programs and Services

Logan Campbell, Chair

Victor shared updates for the 2022 Goals and Objectives Document that will be used as a tool to track accomplishments. The committee chairs will keep the document regularly updated as objectives are accomplished. He stated that Programs and Services is looking to focus on effectiveness of county treatment services and that a dashboard would be desirable. He added that the committee would like to identify where the gaps are and that the goals will require ongoing review. He stated that Bi-monthly meetings for an hour may not be adequate.

IX. OLD BUSINESS

Letter of Support for RichMinds Coalition

The RichMinds Coalition letter was not submitted on time, but it has been sent to staff as a draft.

THE LETTER WILL BE INCLUDED THE MARCH PACKET

Letter of Support for Human Services Alliance of Contra Costa

There was no other letter submitted for Measure X. The Executive Committee agreed that there needs to be more clarity as to what is expected of the Board and who would follow-up. Fatima will follow-up with who made the report.

FATIMA AGREED TO CONTRACT THE PRESENTER OR MICKIE MARCHETTI

X. Liaison Reports Council on Homelessness

Guita Bahramipour

Homebase along with the Council on Homelessness are very active and put together a proposal. The Board of Supervisors approved 54-units in San Pablo. H3 reported that Delta Landing has opened in Pittsburg. Very excited all around. Victor asked if there is a

connection with AOD and Homeless. Jill Ray responded that Fatima is very involved and explained that Delta Landing has 172 beds in East County and includes a full health care clinic.

Tobacco prevention Project
Vacant

No update provided.

Mental Health Commission
Guita Bahramipour
Dr. Rhiannon shires

Guita has been attending the school meetings and they are talking about tobacco. She said that the Mental Health Commission (MHC) is a great group that makes good decisions. Teresa has been very active in the MHC. The MHC conduct site visits, meet people and review programs, she added that as a Board we should be able to do the same. Dr. Shires continued reporting the MHC is also focusing on people who are in the jail and unable to receive behavioral health services. She stated that the funding seems to be budgeted but not available and programs seemed to be not adequately staffed. The Commission submitted a proposal to advise county health services to allocate \$10million. She concluded that is estimated that it costs about \$750 - \$1,500 per person per day to provide care.

THE NEXT MEETING WILL BE ON MARCH 1, VIA ZOOM. DIRECT QUESTIONS TO APRIL IF NEEDED.

MEDS Coalition
Logan Campbell

Logan Campbell said that the coalition meets the 2nd Thursday of the month. Unfortunately, he has not been able to attend due to time constraints. April has been kind enough to keep him updated. He will continue to share the information with the Board on regular basis.

FATIMA REMINDED EVERYONE TO JOIN THE BOS MEETING AND SUPPORT THE MEDS COALITION

Fatima added that the Board of Supervisors will be declaring March as Prescription Drugs month.

XI. NEW BUSINESS

Alcohol/Cannabis License Initiatives
- Cannabis License: None
- Alcohol License: None

There was no update reported.

There was no update reported.

Review Goals and Objectives for 2022 Action Plan

This item was discussed earlier under programs and services committee by Victor Ortiz

XII. PUBLIC COMMENT
THE PUBLIC AND BOARD MEMBERS MAY COMMENT ON ANY AGENDA ITEM OF PUBLIC INTEREST WITHIN THE JURISDICTION OF THE ALCOHOL AND OTHER DRUGS ADVISORY BOARD. (MAXIMUM THREE minutes per speaker)

Patricia Rogers reported that she will start a Youth Treatment Providers meeting on March 15 and listed on the March Newflash. Patricia stated that wheels are turning in AOD and encouraged everyone to get involved.

Logan would like to return to in-person meetings with optional zoom for those not comfortable or cannot attend.

XIII. ADJOURN

Dr. Moore adjourned the meeting.

Meeting was adjourned at 6:15pm