

CCC ALCOHOL AND OTHER DRUGS ADVISORY BOARD MEETING

APPROVED MINUTES

Wednesday, October 27, 2021

Due to health order this meeting was conducted via ZOOM

- Members Present:** Antwon Cloird, Guita Bahramipour, Logan Campbell, Jonathan Ciampi, Victor Ortiz, Talia Moore E.D.D, Rhiannon Shires Psy.D, Robert Frey
- Members Absent:** Evelyn Howard (R), Dylan Johnston (E), Candace Cowing (E)
- Staff Present:** Fatima Matal Sol, AODS Program Chief, Jayme Shipe, AODS Prevention Coordinator
- Other Attendees:** Chris Wikler District IV Representative; Jill Ray District II Representative; Azi Carter, Kushal Kulkarni; Dr. David Kan Bright Heart Health

TOPIC	ISSUE/CONCLUSION	ACTION/ RECOMMENDATION
<u>I. CALL TO ORDER</u>	The meeting was called to order	JONATHAN CIAMPI CALLED THE MEETING TO ORDER AT 4:14PM
<u>II. REVIEW AND ADOPT THE AGENDA</u>	Jonathan Ciampi opened the floor to adopt the October 27, 2021 agenda as presented	VICTOR ORTIZ MMS by LOGAN CAMPBELL TO ADOPT THE AGENDA AS PRESENTED. MOTION APPROVED. AYES: Antwon Cloird, Guita Bahramipour, Logan Campbell, Jonathan Ciampi, Victor Ortiz, Talia Moore E.D.D, Rhiannon Shires Psy.D, Robert Frey NOES: None ABSENT: Evelyn Howard (R), Dylan Johnston (E), Candace Cowing (E) ABSTAIN: None
<u>III. REVIEW AND APPROVAL OF DRAFT MINUTES OF SEPTEMBER 22, 2021 MEETING</u>	Jonathan opened the floor to approve the September 22, 2021 Draft Meeting Minutes.	VICTOR ORTIZ MMS by ANTON CLORID TO APPROVE THE MINUTES AS PRESENTED. MOTION APPROVED. AYES: Antwon Cloird, Guita Bahramipour, Logan Campbell, Jonathan Ciampi, Victor Ortiz, Talia Moore E.D.D, Rhiannon Shires Psy.D, Robert Frey NOES: None ABSENT: Evelyn Howard (R), Dylan Johnston (E), Candace Cowing (E) ABSTAIN: None
<u>IV. PUBLIC COMMENT</u> The public and Board members may comment on any agenda item of public interest within the jurisdiction of the Alcohol and Other Drugs Advisory Board. (Maximum three minutes per speaker.)	Jonathan recommended a new show on Hulu called "Dopesick", which highlights the development of prescription drug use disorders. Guita recognized that Government agencies are doing a wonderful job providing help to those in need. She also mentioned that she is studying grants and was surprised to find out grants are only allocated to charities. Guita will follow up with Jill and Chris for more clarity about grant funding and how government pays for services. Jonathan announced that today's presenter, Dr. David Kan, will be joining between 4:45pm and	

5:15pm. The agenda will be adjusted to allow the presentation to take place when Dr. Khan arrives.

V. AOD STAFF REPORT

Fatima Matal Sol

- Fatima stated that Cal AIM is a major upgrade for the system, and it is expected to have some difficulties due to the large number of changes. She stated the reimbursement mechanism will be a risk for both the county and providers. However, a group of internal providers have been working weekly for over a month on upgrading documentation.
- Fatima discussed the SUD Newsflash. She highlighted a consultant group, Herrera, will be holding a workshop with county staff and providers and invited the board members to join the workshop.
- Fatima brought attention to the recent closure of Centerpoint. She announced the county has released Requests For Proposals to identify a new provider in this area. She states that in efforts to engage more clients into treatment there have been new requirements added to the proposals including a 10-day deadline for admission after contact with the access line, and data from admissions and Community Connect to show clientele in the area. Fatima invited 1 board member to join the panel to review the proposals. She also added that the county is looking for a consumer who is in recovery to join the panel. Fatima announced that Centerpoint was treating about 40 clients at time of closure and the county has assumed responsibility of continuing to provide services to those clients.
- Fatima noted that adolescent treatment is a requirement of DMC-ODS and the county is working to expand services. She stated that the county does not have a residential treatment program. She notes that in the past there was an issue with a lack of flow of adolescents in the program. Fatima will continue to follow up and report progress.
- Fatima presented a Red Ribbon Week video developed by the Pride and Purpose Project.

SUD November Newsflash was displayed. Jayme will email to the board members.

Jayme played the Pride and Purpose Red Ribbon Week video

VI. COMMITTEE HIGHLIGHTS

Executive Committee

Jonathan Ciampi, Chair
Committee Highlights

Jonathan announced the Annual Report committee drats are due by Dec. 1st. The executive committee will develop the full report and present to the board for approval.

VI. COMMITTEE HIGHLIGHTS (cont.)

Community Awareness

Guita Bahramipour, Chair

Dr. Shires shared that SAMSAH released reports on the negative effect the pandemic had on substance use disorders. She raised concern about the board’s lack of community outreach.

Guita acknowledged that community involvement has been much more difficult due to COVID restrictions. She adds that it is important to pay for services and raises concerns about the grant system.

Guita and Antwon spoke on behalf of their Recovery Champion nominations.

Programs and Services

Logan Campbell, Chair

Logan announced the committee finished the action plan and will email Jayme their top three issues. He also announced the meetings will remain at same day and time.

Logan stated he expects the Support4Recovery survey information to be finished within a week.

VII. OLD BUSINESS

2021 Action Plan Review Master Document and Updates

Victor stated the review of the action plan is complete and he is updating the issues list. He encouraged the Community Awareness Committee to add their top concerns for the issues list and recommended actions.

VICTOR WILL SHARE THE ISSUES LIST WITH JAYME FOR DISTRIBUTION TO THE MEMBERS.

IX. LIAISON REPORTS

Contra Costal Council on Homelessness – Guita Bahramipour

Guita reports that she participated in a grant application process with the council. She was disappointed that grants are only for Charites and believe organizations should be paid for service.

Tobacco Prevention Project – Vacant

There was no update reported.

Mental Health Commission – Guita Bahramipour

There was no update reported.

MEDS Coalition – Logan Campbell

Logan stated he did not attend the meeting but has the agenda available to share.

LOGAN ANNOUNCED IF ANYONE WOULD LIKE MORE INFORMATION, THEY CAN EMAIL HIM.

X. STIMULANT USE DISORDER, EVIDENCE-BASED TREATMENTS, AND THE CONTINUUM OF CARE

Presentation by Dr. David Kan and Jonathan Ciampi

Dr. David Kan presented and shared slides addressing the increase in numbers of stimulant related overdose deaths in Contra Costa County. He acknowledges that in the past methamphetamine was stigmatized as a drug used by the white population, but data shows an increase in use and deaths in various ethnic groups. He acknowledged drugs do not discriminate on racial nor ethnic status. Dr. Kan described the health issues related to methamphetamine use. He stated the biggest issue he experiences in treatment of long-term methamphetamine use is the lack of ability to feel pleasure, which often adds to risks of relapse and suicide. He stated there is no FDA approved medication treatment for stimulant use disorders. Dr. Kan stated that

X. STIMULANT USE DISORDER,

**EVIDENCE-BASED TREATMENTS,
AND THE CONTINUUM OF CARE**

(Cont.)

contingency management is compensation for negative urine drug screenings. Research shows this form of treatment has strong positive results for stimulant use disorders. Dr. Kan encouraged the group to read The Matrix Model manual, a framework for treating stimulant use disorder.

Jonathan briefly added to Dr. Kan's report. He mentioned that all providers in the county report using the Matrix Model, but none use contingency management, however he noted the federal government does not allow for funding to support use of this method.

Antwon shared concerns about the complex explanation of contingency management and the need for a street friendly explanation.

Fatima shared that the board can advocate for the use of contingency management.

XI. NEW BUSINESS

Alcohol/Cannabis License Initiatives

- Cannabis License: None

No licenses for discussion.

- Alcohol License: None

No licenses for discussion.

Board Officer Elections –

Jonathan announced that elections for Chair and Vice-Chair are coming up. He stated that nominations will be accepted in November and elections will be held in December. Members may nominate others or self-nominate.

Fatima added that this is a good opportunity to also rotate committee chairs and share opportunity for leadership.

Increased overdoses due to Fentanyl

Jonathan shared an article in the Chronical about the increase of overdoses and death rates due to fentanyl. He opened the floor for discussion.

Dr. Shires and Antwon mentioned there is an increase of fentanyl being found in various street drugs and causing death by overdoses.

Fatima suggests the board can partner with the MEDs Coalition to raise awareness.

Jonathan requested adding collaboration with MEDs Coalition as an agenda item for the executive committee

XII. PUBLIC COMMENT

The public and Board members may comment on any agenda item of public interest within the jurisdiction of the Alcohol and Other Drugs Advisory Board. (Maximum three minutes per speaker)

Antwon announced that he was nominated for the Salut to Kindness Award and the ceremony will be held November 14th at the Orpheum Theater.

XIII. ADJOURN

Jonathan adjourned the meeting.

**MEETING WAS ADJOURNED AT
5:56PM**